## Speed cups



Key competence: Learn to learn
Soft skills: Resilience, deduction capacity

| Editorial | $2-6$ | 15 min | $6+$ |
| ---: | :---: | :---: | :---: |
| Recommendation | 4 | 20 min | $1^{\circ}-6^{\circ}$ |

## Variants and/or steps

- In order to avoid frustration you can use it in a non competitive mode.
- It can also be played in pairs, so players must place cups in a consecutive way.
- In an advanced mode of playing in pairs, one player can be blindfolded and the other one can describe how to place the cups.
- A variation can be to ask students to draw their own cards.
- You can use Speed Cups in Physical Education by wearing such colors of clothes as the cups. Students must place themselves as in the horizontal cards.


## Adaptations for special needs

$>$ In students with special needs you can link a syllable to each color and they read the final word. They can also say out loud the order of colors after completing the card.

## Discussion

O Which of the cards did you find easiest/hardest to do? O You have played different variants of the game, can you propose a new one? O Which of the cards did you find easiest/hardest to do? $\square$ What was the happiest moment/most frustrated moment? $\square$ How would you change the game in order to be less stressed? $\square$ Did you understand the logic behind the cards?

| \% of answers based on 238 Primary School students |  | $\bigcirc$ | - - | $\because$ |
| :---: | :---: | :---: | :---: | :---: |
| Would you like to play it again? | 12\% | 4\% | 10\% | 74\% |
| Have you communicated a lot with your classmates while you were playing? | 14\% | 6\% | 31\% | 49\% |
| Have you done any calculations during the game? | 42\% | 15\% | 17\% | 27\% |
| How easy was it to understand the rules of the game? | 4\% | 1\% | 6\% | 89\% |
| Have you thought of any strategy while playing the game? | 30\% | 12\% | 19\% | 38\% |
| Are you able to explain this game to another student? | 7\% | 5\% | 11\% | 78\% |

